



Pack One Box With These Essentials

- Your organization workbook with phone numbers and essential documents
- Cell phone & charger
- Map of your new community
- Driver's license
- Medicines
- Snacks and drinks
- Toiletries, personal hygiene items, a towel and wash cloth.
- Night clothes and a change of clothes
- Money and valuables
- Keys to the car, current residence, new residence and storage rooms
- Eye glasses or contacts
- Reading material or puzzles for relaxing
- Nightlights

Make sure these essentials are loaded in the car for easy access

Services for the Senior Community

Do you provide a senior discount?

Yes, we offer seniors a 5% discount on their local move. In addition, they will receive a free pack, move and unpack of 6 mirrors or pictures using our exclusive CrushProof Cartons – part of Beltway's SmartPack® Move System. Our customers also receive a senior move workbook that contains a 6 month calendar that will help seniors plan their move.

What if the whole process of downsizing, packing and moving overwhelms me?

There is help. We are able to help you work through the process with the help of our senior move workbook or will be glad to recommend a preferred senior move manager. Senior move managers specialize in downsizing, decluttering, staging, packing, moving, unpacking and design services for seniors. They will be glad to help you think through every single facet of moving into an adult community, independent or assisted living facility.

What type of additional services are available to the senior community?

Extra touches are our specialty. Prior to your move we are glad to work with you or a senior move manager to help you:

- organize, downsize and pack in preparation for your move
- inventory and pick up items for donation or shipping to loved ones
- store items for safe keeping in one of our 3 locations around the Beltway
- coordinate move day services with your destination residence
- unpack and place all items in their proper place
- arrange and rearrange furniture

Serving Senior Communities In The Washington DC Area

Erickson Communities

Riderwood
Arbor Ridge
Greenspring
Ashby Ponds
Charlestown

Sunrise Communities

Bedford Court
Brighton Gardens
Sunrise at Bluemont Park
Sunrise of Montgomery
Village
Sunrise Communities in
Arlington and Alexandria

Charles Smith Communities

Ringhouse
Hebrew House
Landow House
Revitz House

Independent Communities

Asbury Village
Aspenwood
Five Star Residences of
Chevy Chase
Foxhill
Claridge House 1
Claridge House Alexandria
Goodwin House- Alexandria
Goodwin House- Bailey's
Crossroads
Heatherwood Retirement
Hermitage in Northern
Virginia

Independent Communities

Ingleside at Rock Creek
and King Farm
Kendrick Court at McNair
Farms
Leisure World of Maryland
Manchester Lakes Senior
Apartment Community
Paul Spring Retirement
Community
Residences at Thomas
Circle
Springhouse Communities

Independent Communities

The Carlin
The Chevy Chase House
The Classic Residence by
Hyatt
The Fairfax
The Residences at
Georgetown
The Virginian
Vinson Hall